

# Kaiser Permanente Persistent Pain Rehabilitation Fellowship

## INTEGRATION OF BIOMECHANICS AND PAIN SCIENCE

Don't throw the baby out  
with the bath water!



### Speakers:

Alberto Galvan, PT, DPT, ATC, CSCS  
Joseph Abdulmasih, PT, DPT, OCS

### Objectives:

- Review of biomechanical and pain science EBP
- Simplify mechanical aspects of assessment and treatment for the clinician
- Apply current pain science to common clinical scenarios and patient education
- Provide integrated exercise prescription, informed by biomechanics and neuroscience

### Course Outline:

**8:00–9:00am:** Introduction and *Case Study #1*

**9:00–9:15am:** Break

**9:15–10:15am:** Traditional PT Eval/Treat

**10:15–11:00am:** Modern pain approach

**11:00am–12:00pm:** Lunch

**12:00–1:00pm:** Integration of methods

**1:00–2:00pm:** *Case Study #2*

**2:00–3:00pm:** Conclusion and Q&A

### MORE INFORMATION

 [Jason.C.Tonley@kp.org](mailto:Jason.C.Tonley@kp.org)

 (323) 857-2531

 6041 Cadillac Ave. Los Angeles,  
CA, 90064